

TESTIMONIALS

‘The staff at Insight Platform allowed me to be myself when no one else would’ - **Natalie***

‘Insight Platform are like my second family, the staff are brilliant!’ – **Kasia***

I find it hard to trust people but I can trust my worker at Insight’ – **Marcus***



‘I am able to manage situations differently because I engaged with Insight platform’ - **Ben***

‘The workers at Insight Platform are good listeners and have been very helpful’ – **Sarah***

‘Insight have helped me to rebuild my family I am so happy for their help’ – **Karen***

*All service users’ names have been changed to maintain confidentiality

WHERE TO FIND US



Insight Platform

40 Bromley Road, Tottenham
London N17 0AR

Tube: Seven Sisters

(30 mins walk or 10 mins by bus)

Buses: 149, 279, 349, 259 from Bus stop J near Costa Coffee and disembark at bus stop S Tottenham Sports Centre (10 mins by bus)

Overground: White Hart Lane Overground (7 mins walk to Bromley Road)

020 8493 8525

insightharingey@blenheimcdp.org.uk

www.insightplatformharingey.co.uk

www.blenheimcdp.org.uk



Registered Charity No. 293959

Haringey

LONDON



INSIGHT

PLATFORM

‘Empowering Positive Change’
Supporting children, young people
and families affected directly or
indirectly by drugs or alcohol

Call us on

020 8493 8525

ABOUT US

Insight Platform is part of Blenheim, a leading substance misuse charity working to reduce the harm caused by drugs and alcohol. Blenheim provides free, friendly, and non-judgmental support that improves the health of the individual and has a lasting positive impact on the wellbeing of families, friends and communities in which our service users live.

Insight Platform provides free confidential advice, support and information to children, young people and families living in the borough of Haringey, affected directly or indirectly by substance misuse related issues.



WHAT WE DO

Insight Platform takes a holistic approach to working with individuals, with the aim of building strength, resilience and family cohesion, through a range of interventions and therapeutic services including;

- Structured one to one sessions
- Psychosocial interventions
- Educational workshops and lectures
- Family assessments
- Parenting support
- Hidden harm support
- Harm minimisation and prevention
- Satellite outreach work
- Complementary therapies
- Targeted awareness workshops
- Multi-agency working
- Consultation and training for professionals

We accept referrals from individuals, families, concerned others and professionals.

Contact Us

020 8493 8525

USEFUL CONTACTS

HAGA - Alcohol support service

020 8800 6999
www.haga.co.uk

The Grove - Substance misuse service

020 8365 9032 / 0208 702 6220
www.blenheimcdp.org.uk

Antidote - LGBT drug & alcohol service

020 7883 1674
www.antidote-lgbt.com

Haringey First Response – Child protection

020 8489 4470
(Out of Hours 0208 489 0000)

CAMHS - Mental health service for young people

020 8342 5934
www.youngminds.org.uk

Hearthstone - Domestic Violence Support Centre

020 8888 5362

Al-Anon – Family groups for people affected by someone's alcohol use

020 7403 0888
www.al-anonuk.org.uk

Talk to Frank

0800 776 600
www.talktofrank.com