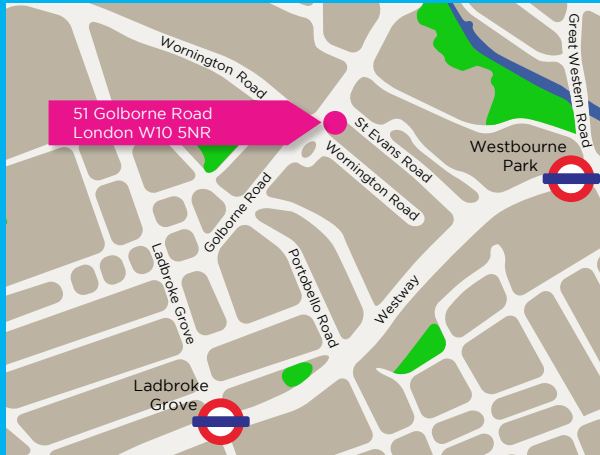


HOW TO FIND US



Tube **Ladbrooke Grove, Westbourne Park**
Bus **7, 70, 52, 452, 31, 295**

USEFUL CONTACTS

Samaritans	116 123
FRANK	0800 77 66 00
Childline	0800 1111
Albert Kennedy Trust for LGBT Young People	020 7831 6562
National Domestic Abuse Helpline	0808 200 0247
Step Change Debt	0800 138 1111

www.insightyoungpeople.org.uk

020 8960 5510



INSIGHT

51 Golborne Road London W10 5NR

Opening Hours:

Monday – Friday 9.30am – 5.00pm

Extended Hours:

Wednesday 5.30pm – 7.30pm

We are an outreach service, please call
07833074581 if the office is closed



City of Westminster



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Humankind Charity No. 293959
Company No. 182 0492 England

Sexual Health:

John Hunter Clinic - Chelsea & Westminster	0208 846 6699
Raymede Clinic - St Charles Hospital	0203 317 5252
Arc @ Jefferies Wing - St Marys Hospital	0203 312 6626
Arc @ The Stowe - Westbourne Green Surgery	0203 312 7586
56 Dean Street	0203 315 6699
Guys - St Marys' Hospital	0203 312 6626

Confidential
Service for
Young People
and Families

020 8960 5510

www.insightyoungpeople.org.uk

51 Golborne Road London W10 5NR

The following services are free and we have flexible access on some evenings and weekends

Health and Wellbeing Service for Young People & Families

Drug & Alcohol Interventions

Smoking Cessation

Telephone & Internet Access

Education & Prevention

For more information please call in for an informal and confidential chat.

Housing Advice

Employment and Education Advice

Drop In - Advice and Information

Diversions Activities

Gym

LGBTQ Service

Outreach / Satellite Service

Telephone Support

Sexual Health Advice

insight@blenheimcdp.org.uk

 [insightblenheim](https://www.instagram.com/insightblenheim)



INSIGHT

If you are under 25, and want some help and advice, Insight is a project that is just for you.