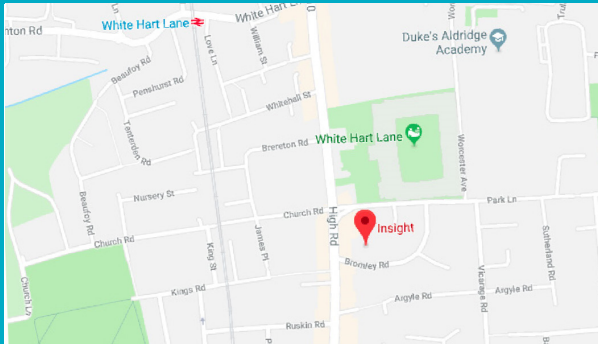


HOW TO FIND US



Tube: Seven Sisters (30 mins walk or 10 mins by bus)

Buses: 149, 279, 349, 259 from Bus stop J near Costa Coffee and disembark at S Tottenham Sports Centre (10 mins by bus)

Overground: White Hart Lane Overground (7 mins walk to Bromley Road)

USEFUL CONTACTS

Childline - 24 hour helpline	0800 1111
Albert Kennedy Trust for LGBT+ young people in crisis	020 7831 6562
KOOTH - online counselling for young people	www.kooth.com
CALM - Confidential helpline for anyone in a crisis	0808 802 5858
Angelou Partnership - Violence against women and girls services	0208 741 7008
Haringey CAMHS	020 8702 3400 www.behcamhs.nhs.uk



40 Bromley Road, Tottenham N17 0AR

Opening Hours:

9.30 AM – 5PM Mon and Wed

9.30 AM – 6.00PM Tues and Thurs

9.30 AM – 3.00PM Fri

www.insightyoungpeople.org.uk

020 8493 8525

HAGA - adult alcohol service 0207 851 2955
www.haga.co.uk

The Grove - adult substance misuse 020 8702 6220
020 8365 9032

Haringey First Response – 020 8489 4470
Child protection Out of hours 0208 489 0000

Al-Anon 020 7403 0888
www.al-anonuk.org.uk

Hearthstone - 020 8888 5362
Domestic Violence Support Centre

Haringey Connected Communities 020 8489 4431
www.haringey.gov.uk/community/connected-communities

Confidential
Service for Young
People Under 21
and Families in
Haringey

020 8493 8525

www.insightyoungpeople.org.uk
insightharingey@humankindcharity.org.uk
40 Bromley Road, Tottenham N17 0AR



Humankind Charity No. 293959
Company No. 182 0492 England

The following services are free and we have flexible access on some evenings

Health and Wellbeing Service for Young People & Families

Drug & Alcohol Interventions

Parenting support

One to one sessions - on line or face to face

Education & Prevention

For more information please call in for an informal and confidential chat.

Outreach / Satellite Service

Family support

Drop In – Advice and Information

Come Correct - condom service

Employment and Education Advice

LGBTQ Service

Housing Advice

Families, Friends and Carers Support and advice

Substance misuse workshops

insightharingey@humankindcharity.org.uk

 [insight.platform](https://www.instagram.com/insight.platform)



INSIGHT
PLATFORM

If you are under 21, and want some help and advice, Insight is a project that is just for you.